

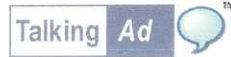
thebestof.co.uk™

Norwich

9 Bridewell Street, Wymondham, Norfolk. NR18 0AR

0800 458 2934

*norwich@thebestof.co.uk*



Linda Thursby  
Barn Therapy Centre  
Intwood.  
Norwich

### Carpal Tunnel Syndrome Exercises

Dear Linda,

I have spent many years using a computer writing various pieces of HTML and playing around with Cold Fusion Mark-Up I have been told that I am developing carpal tunnel syndrome in my right hand.

Your treatment has stopped the ache appearing as quickly as it used to.

Whilst I am never going to practice the wrist exercise you showed me in public...I am in the privacy of my own home..... (I do get a strange look from Sara, and the cat sits watching and tracking me too)

Thanks,

Chris

A handwritten signature in black ink, appearing to be 'Chris', with a large loop at the start and a wavy tail.