

From: Poppy Crichton [mailto:poppy@odlehill.f9.co.uk]
Sent: 01 September 2006 18:33
To: Linda Thursby
Subject: Re: Testimonial

Hi Linda

I have written a testimonial about the backchamp.

"I travelled up to Norfolk from Cornwall to see my parents-in-law. I had pre-booked a session with Linda as I had been suffering from lower back pain for a couple of weeks before setting off, (as a result from being on crutches due to a broken leg).

Linda lives in a beautiful house with a light and airy treatment room. She is very knowledgeable in her subjects and looks at ways of treating the problem by using a combination of techniques, not just one. She introduced me to the Backchamp, a simple, slightly weird looking wooden device, used to correct pelvic misalignment. If I had stumbled across the device without having tried it, I would not have given it a second glance. I was asked to lie on my back (can be fully clothed), with feet together. Linda then placed what looked like two doughnuts suspended from a horizontal piece of wooden, between the knees and counted as I pushed them together. She then moved the 'doughnuts' to the outside of my knees and repeated the process but this time, I pushed out against them. The depth and rate of my breathing was important but Linda explained everything very carefully and guided me. We repeated the process three times, she checked my leg lengths, which had been out by 1/2" to an 1" before the treatment and were now equal.

I was sceptical but it was almost a week later before the niggles came back. I am a therapist too and was so impressed, I bought one to use in my own clinic and of course, on myself. I received it three weeks ago and used it once a day for three days and so far the nagging ache has not returned".

Poppy Crichton Dip. Itec, MCThA

I hope that helps. What have you done about insuring the use of Backchamp on clients? I asked Alison Livings at Holistic Insurance Services (Embody) where I stand as I don't think they will insure me without proper training.

How did you hear about your network meetings?

Warm regards.

Poppy

p.s. I'm off to S.E.E.D next week to do their Indian Facial course. Perhaps see you there one day!

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