

Linda J. Thursby

From: [REDACTED]
Sent: 11 March 2007 08:32
To: Linda J. Thursby
Subject: FW: Testimonial

From: [REDACTED]
Sent: 10 March 2007 14:10
To: Linda J. Thursby
Subject: Testimonial

Pelvic Correction

Currently I am 35 weeks pregnant. At around 16 weeks my left hip started to become painful making me hobble and I felt like a seventy year old! I spoke to my doctor, who suggested the baby was sitting on my sciatic nerve. Even rolling over in bed woke me up.

Doing yoga alleviated the problem for a while; however this was no long term cure. I spoke to Linda about this and she suggested trying pelvic correction. On investigation Linda found that one of my legs was 1/2inch longer than the other and following the procedure, which took about 10 minutes and is completely pain free, the effect was immediate. My pelvis was completely re-aligned and I could move around pain free.

Since the initial procedure, due to pregnancy weight gain, I have felt my pelvis start to become painful again. I have returned to the Barn Therapy Centre on two occasions and Linda has corrected the problem quickly.

I can highly recommend this procedure to anyone who finds themselves hobbling due to uncomfortable or painful hip joints.

Kate Clover